

DURHAM ELEMENTARY SCHOOL - MARCH 2020

2	3	4	5	6
Buttermilk Bar LUNCH Chicken Nuggets/Roll Grilled Cheese Tator Tots Carrots Apple Milk	French Toast/Sausage LUNCH Cheese Enchilada Bean Cheese Burrito Refried Beans Mixed Fruit Tortilla Chips Milk	Cinnamon Roll LUNCH Orange Chicken Bread Stick Cheese Quesadilla Garden Salad Peaches Milk	Breakfast Pizza LUNCH Hamburger Cheeseburger Burrito Burger Fixins Fries / Oranges Milk	Pancake Stick LUNCH Cheese Pizza Pepperoni Pizza Turkey Sandwich Garden Salad Fruit / Sherbert Milk
9	10	11	12	13
Breakfast Muffin LUNCH Chicken Nuggets/Roll Grilled Cheese Tator Tots Carrots Apple Milk	French Toast/Sausage LUNCH Oven Fry Chicken BBQ Rib Burger Ranch Beans Broccoli Cup Banana Milk	Cinnamon Roll LUNCH Lasagna / Roll Cheese Quesadilla Garden Salad Broccoli Cup Peaches Milk	Breakfast Pizza LUNCH Hamburger Cheeseburger Burrito Burger Fixins Fries / Oranges Milk	Pancake Stick LUNCH Cheese Pizza Pepperoni Pizza Turkey Sandwich Garden Salad Fruit / Sherbert Milk
16	17	18	19	20
Breakfast Muffin LUNCH Chicken Nuggets/Roll Grilled Cheese Tator Tots Carrots Apple Milk	French Toast/Sausage LUNCH Taco Stick Bean Cheese Burrito Refried Beans Mixed Fruit Tortilla Chips Milk 	Cinnamon Roll LUNCH Orange Chicken Bread Stick Cheese Quesadilla Garden Salad Peaches Milk	Breakfast Pizza LUNCH Hamburger Cheeseburger Burrito Burger Fixins Fries / Oranges Milk	Pancake Stick LUNCH Cheese Pizza Pepperoni Pizza Turkey Sandwich Garden Salad Fruit / Sherbert Milk
23	24	25	26	27
Buttermilk Bar LUNCH Chicken Nuggets/Roll Grilled Cheese Tator Tots Carrots Apple Milk	French Toast/Sausage LUNCH Mini Chicken Tacos Bean Cheese Burrito Refried Beans Mixed Fruit Tortilla Chips Milk	Mini Cinnis LUNCH Lasagna / Roll Cheese Quesadilla Garden Salad Broccoli Cup Peaches Milk	Breakfast Pizza LUNCH Hamburger Cheeseburger Burrito Burger Fixins Fries / Oranges Milk	Pancake Stick LUNCH Cheese Pizza Pepperoni Pizza Turkey Sandwich Garden Salad Fruit / Sherbert Milk
30	31	 SET YOUR CLOCKS MARCH 8TH		 Everyone's Irish On March 17th.
Breakfast Muffin LUNCH Chicken Nuggets/Roll Grilled Cheese Tator Tots Carrots Apple Milk	French Toast/Sausage LUNCH Mini Chicken Tacos Bean Cheese Burrito Refried Beans Mixed Fruit Tortilla Chips Milk			

MEAL PRICES

Breakfast \$1.50
Lunch \$2.85



Breakfast Hours
7:30 - 8:30

Available Daily For Breakfast
Breakfast Bar
Fruit / Juice
Choice of Milk



You must take at least 1 fruit or vegetable daily and 3 of the 5 food groups for a complete meal.

DURHAM ELEMENTARY SCHOOL

marzo 2020

2	3	4	5	6
mollete ALMUERZO Nuggets de pollo sándwich de queso fundido papas fritas Manzanas zanahorias leche	pan frances/salchichas ALMUERZO Enchilada de queso Frijol Queso Burrito Frijoles refritos chips de tortilla fruta mezclada leche	Rollo de canela ALMUERZO pollo naranja / rollo quesadilla queso Ensalada de verduras duraznos leche	Pizza desayuno ALMUERZO hamburguesa hamburguesa queso frijol Queso Burrito lechuga,tomate,pepino papas fritas y naranjas leche	palo de panqueque ALMUERZO Pizza de queso Salchichones Pizza sándwichde pavo Ensalada de verduras taza de fruta leche
9	10	11	12	13
mollete ALMUERZO Nuggets de pollo sándwich de queso fundido papas fritas Manzanas zanahorias leche	pan frances/salchichas ALMUERZO pollo frito al horno costilla a la barbacoa Frijoles platano galleta leche	Rollo de canela ALMUERZO Lasana / rollo quesadilla queso Ensalada de verduras Broccoli Cup duraznos leche	Pizza desayuno ALMUERZO hamburguesa hamburguesa queso frijol Queso Burrito lechuga,tomate,pepino papas fritas y naranjas leche	palo de panqueque ALMUERZO Pizza de queso Salchichones Pizza sándwichde pavo Ensalada de verduras taza de fruta leche
16	17	18	19	20
mollete ALMUERZO Nuggets de pollo sándwich de queso fundido papas fritas Manzanas zanahorias leche	pan frances/salchichas ALMUERZO Taco Stick Frijol Queso Burrito Frijoles refritos chips de tortilla fruta mezclada leche	Rollo de canela ALMUERZO pollo naranja / rollo quesadilla queso Ensalada de verduras duraznos galleta galleta y leche	huevos y tostadas ALMUERZO hamburguesa hamburguesa queso frijol Queso Burrito lechuga,tomate,pepino papas fritas y naranjas leche	palo de panqueque ALMUERZO Pizza de queso Salchichones Pizza sándwichde pavo Ensalada de verduras taza de fruta leche
23	24	25	26	27
mollete ALMUERZO Nuggets de pollo sándwich de queso fundido papas fritas Manzanas zanahorias leche	pan frances/salchichas ALMUERZO pollo Taco Frijol Queso Burrito Frijoles refritos chips de tortilla fruta mezclada leche	Rollo de canela ALMUERZO Lasana / rollo quesadilla queso Ensalada de verduras duraznos broccoli cup leche	Pizza desayuno ALMUERZO hamburguesa hamburguesa queso frijol Queso Burrito lechuga,tomate,pepino papas fritas y naranjas leche	palo de panqueque ALMUERZO Pizza de queso Salchichones Pizza sándwichde pavo Ensalada de verduras taza de fruta leche
30	31	 SET YOUR CLOCKS MARZO 8TH		Everyone's Irish On March 17th. 


Precios De Comidas
 Desayuno \$1.50
 Almuerzo \$2.85



Horas de Desayuno
 7:30 - 8:20 am

DIARIO OPCION Desayuno
 barra de desayuno
 Fruta / Jugo
 Elección de leche



NO OLVIDES
 Tomar por lo menos
 1 fruta o VEGETAL y
 al menos 3 de los 5
 grupos de alimentos
 para que sus
 recunetos de
 comidas como un